



LIABILITY RELEASE AND ASSUMPTION OF RISK

Participant:	Nationality:	
Gender:	Age:	E-mail:
ID Identification:	Instructor:	

I, PARTICIPANT, HEREBY DECLARE THAT I UNDERSTAND THAT FREEDIVING IS AN INHERENTLY RISKY ACTIVITY THAT MAY RESULT IN SERIOUS BODILY INJURY OR DEATH. I KNOWINGLY AND FREELY ACCEPT AND ASSUME ALL RESPONSIBILITY FOR MY PARTICIPATION IN FREEDIVING WITH INSTRUCTOR.

In consideration of INSTRUCTOR allowing me to participate in freediving activities in connection with Dharma Freediving Academy ("DHARMA") and Molchanovs Pte. Ltd. ("MOLCHANOVS"), I hereby fully release and discharge from responsibility INSTRUCTOR, DHARMA and MOLCHANOVS, and their respective officers, directors, agents, contractors and any other individuals connected to or acting on behalf of them (including, without limitation, volunteers and other participants)(collectively the "Released Parties") from any and all liability, claims, losses or damages related to my participation in any freediving activity (whether such activity is in connection with DHARMA and MOLCHANOVS or otherwise), including, without limitation, liability, claims, losses or damages resulting from the negligence of any party, including the Released Parties. I agree that if I, or anyone on my behalf, make any claim or demand against any Released Party in connection with my participation in any freediving activity, I will indemnify and hold harmless each such Released party from any loss, liability, damage or cost incurred as result of such claim or demand.

I declare that I am in good mental and proper physical condition to participate in freediving. I am not under the influence of alcohol or any drugs that are contra indicatory to freediving. I know of no reason why I cannot or should not freedive.

I am legally competent to sign this liability release. I understand the terms herein are contractual and not a mere recital, and that I have signed this document of my own free will and with the knowledge that I hereby agree to waive my legal rights. I further agree that if any provision of this Liability Release and Assumption of Risk is found to be unenforceable or invalid that provision shall be severed and the remainder of this document will then be construed as though the unenforceable provision was not contained herein.

Participant Signature

Signing Date

Parental or Guardian's Consent (required if PARTICIPANT is under 18 years of age). The undersigned, as the legal parent or guardian of PARTICIPANT, hereby grants permission to PARTICIPANT to participate in freediving activities in connection with the DHARMA and MOLCHANOVS. The undersigned further agrees to all terms of this Liability Release and Assumption of Risk on behalf of PARTICIPANT and to indemnify and hold harmless the Released Parties from any liabilities incident to PARTICIPANT's involvement or participation in such activities.

Signature of Parent or Guardian

Signing Date

NEVER PRACTICE APNEA ALONE, YOU MUST ALWAYS BE ACCOMPANIED
